

A CME Satellite Symposium



# The Experts Square Off: Debating the Pressing HIV Issues of 2011

**Thursday, October 20th, 2011  
8:00 PM - 10:00 PM  
Boston, MA**

Jointly Sponsored by The Postgraduate Institute for Medicine and ViralEd, LLC.  
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# The Experts Square Off: Debating the Pressing HIV Issues of 2011



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### DISCLAIMER

Participants have an implied responsibility to use the newly acquired information to enhance patient outcomes and their own professional development. The information presented in this activity is not meant to serve as a guideline for patient management. Any procedures, medications, or other courses of diagnosis or treatment discussed or suggested in this activity should not be used by clinicians without evaluation of their patient's conditions and possible contraindications on dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities.

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# The Experts Square Off: Debating the Pressing HIV Issues of 2011



## AGENDA

Welcome and Introductions  
(John Bartlett, MD and Edwin DeJesus, MD)

Debate 1  
When to Start: The Earlier, The Better  
(Paul Sax, MD vs. Charles Hicks, MD)

Debate 2  
What to Start: Efavirenz/Tenofovir/Emtricitabine Tablet Is Still King  
(Trevor Hawkins, MD vs. Judith Feinberg, MD)

Debate 3  
PrEP: The Time Is Now  
(Ian Frank, MD vs. David Wohl, MD)

Closing Comments  
(John Bartlett, MD and Edwin DeJesus, MD)

Program Note: Each debate will be followed by a rebuttal and discussion  
by **Calvin Cohen, MD** and **Joseph Eron, MD** and a panel and audience discussion.

## COURSE DIRECTORS

**John Bartlett, MD**  
Professor of Medicine,  
Johns Hopkins School of Medicine  
Baltimore, Maryland

**Calvin J. Cohen, MD, MS**  
Research Director, CRI New England  
Clinical Instructor,  
Harvard Medical School  
Boston, Massachusetts

**Joseph Eron, MD**  
Professor,  
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Professor of Medicine,  
Associate Chair of Medicine for Faculty  
Development,  
University of Cincinnati College of  
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Cincinnati, Ohio

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Harvard Medical School  
Boston, Massachusetts

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Division of Infectious Diseases  
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School of Medicine  
Co-Director of HIV Services for the North  
Carolina Department of Corrections  
Chapel Hill, North Carolina

**Ian Frank, MD**  
Professor of Medicine,  
Director, Antiretroviral Clinical Research  
University of Pennsylvania  
Philadelphia, Pennsylvania

**Charles Hicks, MD**  
Professor of Medicine,  
Department of Infectious Diseases,  
Duke University Medical Center  
Durham, North Carolina

**Edwin DeJesus, MD**  
Medical Director  
Orlando Immunology Center  
Orlando, Florida

**Trevor Hawkins, MD**  
Associate Clinical Professor,  
Department of Family Practice  
University of New Mexico  
Medical Director, Southwest C.A.R.E.  
Santa Fe, New Mexico

# The Experts Square Off: Debating the Pressing HIV Issues of 2011



## TARGET AUDIENCE

This activity is intended for physicians, physician assistants, advanced practice nurses, and other health care professionals involved in the treatment and management of patients with HIV infection.

## PROGRAM OVERVIEW

The treatment of people with HIV infection is rapidly and constantly progressing as research that is published and presented at major scientific congresses leads to the use of new drugs and clinical strategies. However, clinicians are not always able to keep up with this flood of new information, and some clinical decisions must be made based on research that is open to interpretation. To address this problem, this program will have a panel of experts present and debate the studies and data that support different clinical options and strategies, which will allow the audience to assess the relative merits of various positions.

This meeting will use patient case vignettes to set up debates on the most pressing and controversial issues pertaining to treatment of HIV and show how national thought leaders approach the difficult choices involved. The outcome of this program will be that clinicians who treat patients with HIV infection will have an improved understanding of the various data supporting different views of complex clinical controversies and the enhanced knowledge and confidence needed to improve care and outcomes in patients with HIV infection.

## FEE INFORMATION

There is no fee for this educational activity.

A statement of credit will be issued only upon receipt of a completed activity evaluation form and will be e-mailed to you within 3 weeks.

## PROGRAM OBJECTIVES

Upon completion of the program, participants should be able to:

- Explain when it is appropriate to start ARV therapy;
- Discuss various options for initiating ARV therapy in treatment-naïve patients;
- Identify the use of new or novel ARV therapies and regimens;
- Describe sequencing and switching ARVs in various patient scenarios;
- Appraise the use of PrEP to prevent HIV infection in at-risk populations.

## ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Postgraduate Institute for Medicine and ViralEd, LLC. The Postgraduate Institute for Medicine is accredited by the ACCME to provide continuing medical education for physicians.

## CREDIT DESIGNATION STATEMENT

The Postgraduate Institute for Medicine designates this live activity for a maximum of *2.0 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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The *faculty* reported the following financial relationships or relationships to products or devices they or their spouse/life partner have with commercial interests related to the content of this CME activity:

### John Bartlett, MD:

Consulting Fees: Medscape; UpToDate; Epocrates

### Calvin Cohen, MD:

Contracted Research: Bristol-Myers Squibb; Gilead; Merck & Co.; Janssen; ViiV  
Consulting Fees: Bristol-Myers Squibb; Gilead; Merck & Co.; Janssen; ViiV

### Edwin DeJesus, MD:

Contracted Research: Abbott; Achillion; Avexa; Boehringer Ingelheim; Bristol-Myers Squibb; Gilead; GlaxoSmithKline; Hoffman LaRoche; Merck; Pfizer; Schering Plough; Taimed; Tobira; Tibotec; Vertex  
Consulting Fees/Speakers Bureau: Bristol-Myers Squibb; Gilead; GlaxoSmithKline; Merck; Tibotec

### Joseph Eron, MD:

Research Grants to the University of North Carolina (PI): Merck; GlaxoSmithKline/ViiV; Tobira  
Consulting Fees: Argos; Gilead; GlaxoSmithKline/ViiV; Merck; Tibotec; Tobira

### Judith Feinberg, MD

Contracted Research: BMS; Boehringer Ingelheim; GSK/ViiV; Janssen; Tobira; Roche  
Consulting Fees: Janssen; GSK/ViiV  
Speakers Bureau: BMS; GSK/ViiV; Janssen; Merck

### Ian Frank, MD:

Contracted Research: GlaxoSmithKline  
Consulting Fees: Gilead; Tibotec

### Trevor Hawkins, MD:

Contracted Research: Gilead; GlaxoSmithKline; Janssen; Vertex; Salix  
Consulting Fees: Gilead; Janssen  
Speakers Bureau: BMS; Gilead; Janssen; Merck; Vertex

### Charles Hicks, MD:

Contracted Research: Argos; Bristol-Myers Squibb; Gilead; Janssen; Merck; ViiV  
Consulting Fees: Bristol-Myers Squibb; Gilead; Janssen; Merck; ViiV

### Paul Sax, MD:

Contracted Research: BMS; Gilead; GSK; Merck; Tibotec  
Consulting Fees: Abbott; BMS; Gilead; GSK; Merck; Tibotec

### David Wohl, MD:

Contracted Research: GlaxoSmithKline; Merck & Co.  
Consulting Fees: Gilead; Tibotec

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# The Experts Square Off: Debating the Pressing HIV Issues of 2011

When to Start: The Earlier, The Better – Pro

Paul Sax, MD

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The Experts Square Off:  
Debating the Pressing HIV Issues of 2011

**WHEN TO START:  
THE EARLIER THE BETTER**

Paul E. Sax, M.D.  
Brigham and Women's Hospital  
Harvard Medical School

Untreated HIV is Harmful to Your Health  
Even With Normal CD4, Low Viral Load

Hunt PW, et al. J Infect Dis. 2008.

CD4 Recovery May Be Incomplete -  
Regardless of CD4 Slope

Patients on Uninterrupted ART for 7 Years

Median CD4 cell count according to pre-ART CD4 cell strata

Pre-ART CD4 slope varies widely (n = 2038); shallow slope associated with slowest increase after ART

Glass L, et al. J Acquir Immune Defic Syndr. 2007;45:183-192; Massimo C, et al. AIDS. 2011;25:1041-1049.

Both HIV and non-HIV Complications  
are More Frequent with Low CD4

CD4 nadir is a predictor of HIV neurocognitive impairment in the era of combination antiretroviral therapy.<sup>1</sup>

Association of Immunologic and Virologic Factors With Myocardial Infarction Rates in a US Healthcare System.<sup>2</sup>

1. Ellis R, et al. AIDS. 25(14):1747-1751, September 10, 2011  
2. Tsiang VA, et al. J Acquir Immune Defic Syndr. 2010 Dec;155(5):615-9.

With Greater Success of Treatment,  
The Risk of Resistance Has Plummeted

Percentage of patients with HIV viral load <50 copies/mL

Year

64.7% (2000) to 87% (2008)

$R^2 = 0.97$

- N = 5422 receiving therapy in British Columbia
- Also noted: >12-fold reduction in new cases of drug resistance

Gill VS, et al. Clin Infect Dis. 2010;50:98-105.

Adherence to ART Improves Over  
Time – “Pill Fatigue” is a Myth

Percent

Months Since January 2003

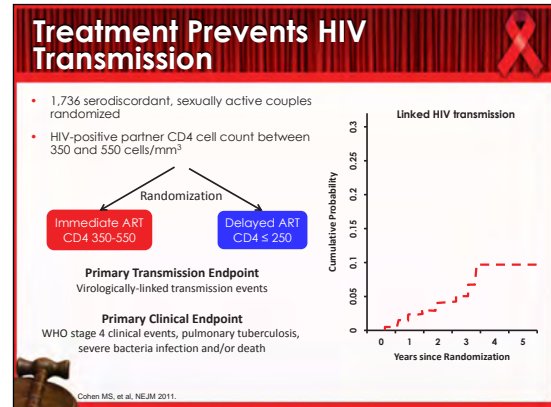
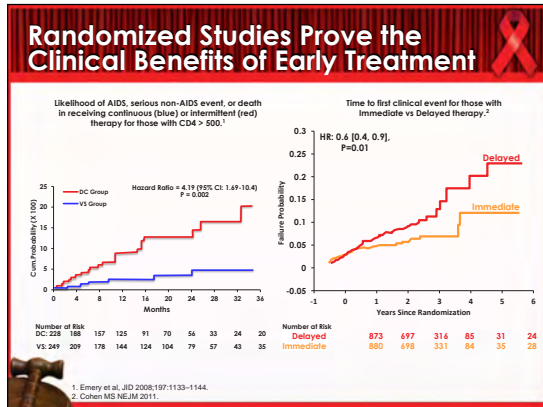
Self-reported missed doses of cART over time since introduction of the adherence questionnaire in January 2003

Glass TR et al. J Acquir Immune Defic Syndr. 2010;4:197-203.

# The Experts Square Off: Debating the Pressing HIV Issues of 2011

When to Start: The Earlier, The Better – Pro

Paul Sax, MD



### When to Start: Conclusions

- Treatment benefits are extensive and proven
- These include:
  - Reduced inflammation and immune activation
  - Improved likelihood of normal CD4
  - Lower risk of HIV and non-HIV complications
  - Lower risk of resistance and adverse effects with current treatments
  - Markedly lower risk of transmission to others

# The Experts Square Off: Debating the Pressing HIV Issues of 2011

When to Start: The Earlier, The Better – Con

Charles Hicks, MD

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**INITIATING ANTIRETROVIRAL THERAPY FOR ALL WHO ARE HIV+**

A Strategy Based on Expert Opinion

**ART CC: Supports Initiating ART at CD4+ Threshold of 350 cells/mm<sup>3</sup>**

- Analysis of 15 cohorts from US and Europe (ART Cohort Collaboration) (N = 24,444)

Comparison	HR* (95% CI)
1-100 vs 101-200	3.35 (2.99-3.75)
101-200 vs 201-300	2.21 (1.91-2.56)
201-300 vs 301-400	1.34 (1.12-1.61)
251-350 vs 351-450	1.28 (1.04-1.57)
351-450 vs 451-550	0.99 (0.76-1.29)

\*Adjusted for lead-time and unobserved events.  
When to Start Consortium, Lancet, 2009;373:1352-1363.

**Cascade Collaboration: When is the Optimal to Start ARV Treatment?**

- Evaluation of clinical benefit of HAART initiation vs. deferral in AIDS-free, HAART-naïve HIV seroconverters with CD4 <800 cells/mm<sup>3</sup> (N=9,455)
- After median 4.7 years follow-up, 812 (8.6%) developed AIDS and 544 (5.8%) died

CD4 Count (cells/mm <sup>3</sup> )	Cum. Risk (%)			
	Defer	Initiate	RD (95%CI)	NNT (95%CI)
0-49	46.6	16.6	-30.0 (-45.1, -15.0)	3 (2, 7)
50-199	20.7	5.7	-15.0 (-19.7, -10.3)	7 (5, 10)
200-349	10.3	5.5	-4.8 (-7.0, -2.6)	21 (14, 38)
350-499	6.3	3.4	-2.9 (-5.0, -0.9)	34 (20, 115)
500-799	4.9	5.2	0.3 (-3.7, 4.2)	∞

- HAART initiation at CD4 <500 cells/mm<sup>3</sup> associated with lower risk

RD = cumulative risk difference at 3 years  
NNT = number needed to treat to prevent 1 new case of AIDS or death within 3 years  
Frank MJ, et al. 19th IACV, Vienna, July 18-23, 2010. Abst. THLB0201

**Limitations of Antiretroviral Therapy**

- HIV Persists despite suppressive therapy
- Full Life Expectancy is not restored
- Immune Recovery may be incomplete
- Immune Activation and Inflammation persist in many treated patients
- Long term toxicity; known and undiscovered
- Adherence to therapy remains a challenge
- Antiretroviral Drug Resistance
- Failure, as yet, to decrease transmission

**non-AIDS events with Increased Frequency in Treated HIV patients**

- Cardiovascular disease<sup>1-4</sup>
- Metabolic syndrome and diabetes
- Cancer (non-AIDS)
- Bone fractures/osteopenia<sup>5,6</sup>
- Liver failure<sup>7</sup>
- Renal Disease
- Peripheral neuropathy
- Cognitive decline<sup>8</sup>
- Frailty<sup>9</sup>

1. Klein D, et al. J Acquir Immune Defic Syndr. 2002;30:471-477  
2. Hsu P, et al. Circulation. 2004;109:316-319  
3. Mary-Kaufman M, et al. AIDS. 2003;17:2479-2488  
4. Gregoire SK, et al. Circulation. 2006;115:198-210  
5. Teare V, et al. J Clin Endocrinol Metab. 2008;93:3499-3504  
6. Avasthi JK, et al. AIDS. 2007;21:1617-1623  
7. Olden MC, et al. Arch Intern Med. 2007;167:2213-2219  
8. McCusker JJ, et al. AIDS. 2007;21:1109-1117  
9. Desquilbet L, et al. J Gerontol A Biol Sci Med Sci. 2007;62:1279-1286

**non-AIDS events with Increased Frequency in Treated HIV patients**

- Caused or exacerbated by antiretroviral therapy?
- Failure of therapy to fully suppress replication or control inflammation and activation?
- Increased classical risk factors in the population?
- Result of long periods of untreated infection?



# The Experts Square Off: Debating the Pressing HIV Issues of 2011

When to Start: The Earlier, The Better – Con

Charles Hicks, MD

### Historical Reasons for Deferring Antiretroviral Therapy

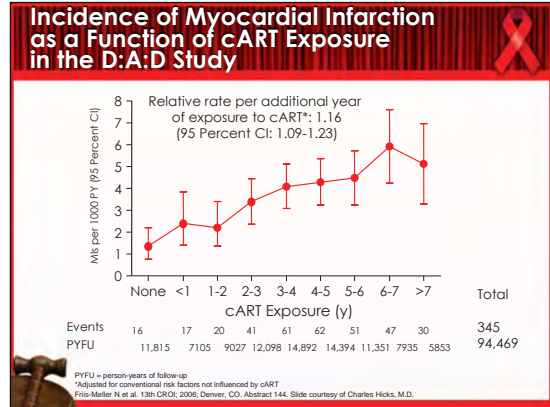
**Body shape changes**

**High pill burden**

**High cost**

**Metabolic abnormalities/TCV risk**

**Resistance**



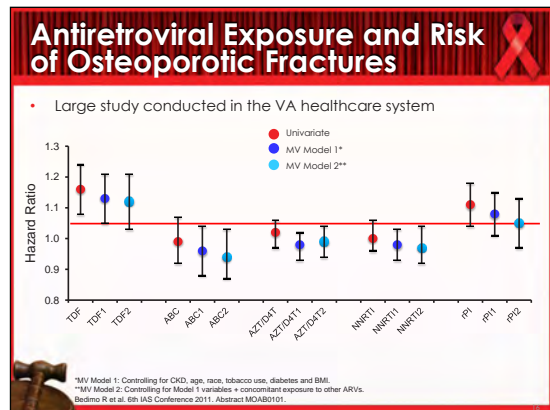
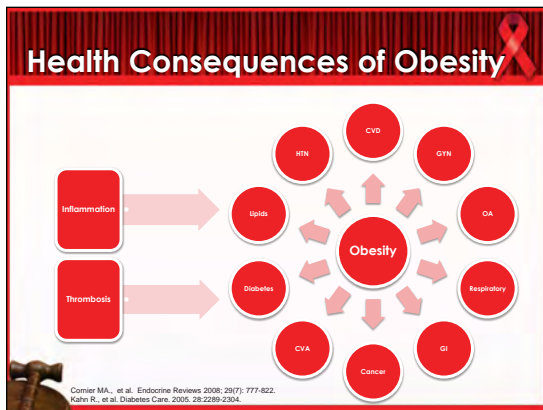
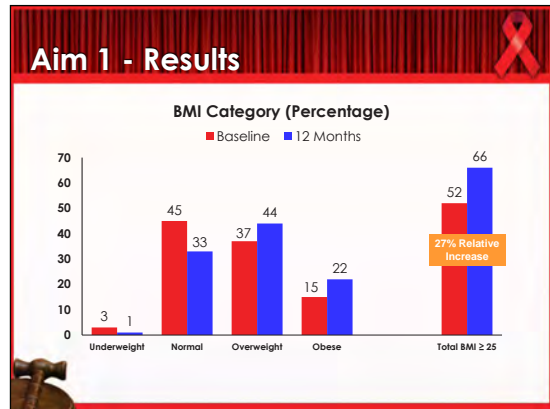
### Body Morphology Changes Associated With HIV/AIDS

**1981-1995 AIDS Wasting Syndrome**

**1995-2004 HIV-Associated Lipodystrophy**

**2004 - Present Overweight/Obesity**

Carr A. Nat Rev Drug Discov. 2003; 2(9):624-634.  
Keithley JK, et al. J Assoc Nurses AIDS Care. 2008; 20(4):200-274.



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Charles Hicks, MD

## Access to Therapy

**NASTAD**  
NATIONAL ASSOCIATION OF STATE TREATMENT ADVISORY BODIES  
**ADAP Watch**

February 1, 2009

**ART coverage by State (as of February 1, 2009)**

- Alabama: 10 individuals
- Alaska: 7 individuals
- Arizona: 47 individuals
- Arkansas: 10 individuals
- California: 10 individuals
- Colorado: 10 individuals
- Connecticut: 10 individuals
- Delaware: 10 individuals
- District of Columbia: 10 individuals
- Florida: 10 individuals
- Georgia: 10 individuals
- Hawaii: 10 individuals
- Idaho: 10 individuals
- Illinois: 10 individuals
- Indiana: 10 individuals
- Iowa: 10 individuals
- Kansas: 10 individuals
- Kentucky: 10 individuals
- Louisiana: 10 individuals
- Maine: 10 individuals
- Maryland: 10 individuals
- Massachusetts: 10 individuals
- Michigan: 10 individuals
- Minnesota: 10 individuals
- Mississippi: 10 individuals
- Missouri: 10 individuals
- Montana: 10 individuals
- Nebraska: 10 individuals
- Nevada: 10 individuals
- New Hampshire: 10 individuals
- New Jersey: 10 individuals
- New Mexico: 10 individuals
- New York: 10 individuals
- North Carolina: 10 individuals
- North Dakota: 10 individuals
- Ohio: 10 individuals
- Oklahoma: 10 individuals
- Oregon: 10 individuals
- Rhode Island: 10 individuals
- South Carolina: 10 individuals
- South Dakota: 10 individuals
- Tennessee: 10 individuals
- Texas: 10 individuals
- Utah: 10 individuals
- Vermont: 10 individuals
- Virginia: 10 individuals
- Washington: 10 individuals
- West Virginia: 10 individuals
- Wisconsin: 10 individuals
- Wyoming: 10 individuals

## Affordability of ART in the U.S.

**U.S. NATIONAL DEBT CLOCK**

The Outstanding Public Debt as of 04 Oct 2011 at 05:38:05 PM GMT is:

**\$14,805,431,890,215.22**

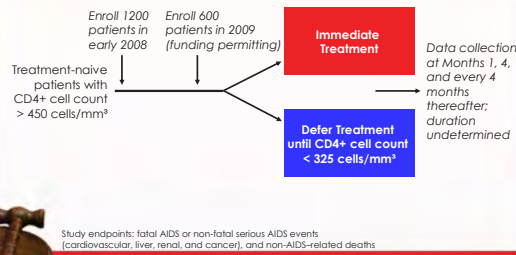
The estimated population of the United States is **311,425,370**

Each citizen's share of this debt is **\$47,540.87**

The National Debt has continued to increase an average of **\$3.95 billion per day** since September 28, 2007

## START Study: Proposed Study Design

- Early treatment pilot study



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What to Start: Efavirenz/Tenofovir/Emtricitabine Tablet Is Still King – Pro

Trevor Hawkins, MD

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The Experts Square Off:  
Debating the Pressing HIV Issues of 2011

**WHAT TO START:  
EFV/TDF/FTC TABLET IS STILL KING**

Trevor Hawkins, MD  
Associate Clinical Professor  
University of New Mexico  
Medical Director, Southwest C.A.R.E.

**Convergence of First-Line Regimens:  
Can Anything Challenge This?**

In 2007, 95% started either TDF/FTC/EFV (85%) or TDF/FTC + ATV/r (10%); prior to approval of RAL and OD DRV/r for treatment-naïve patients.  
McKinnell JA et al. AIDS Patient Care STDs. 2010;24:79-85.

**Efavirenz (EFV):  
13 Years of Clinical Experience**

Boxes below the timeline refer to first presentation of study data

\* Panel on Clinical Practices for Treatment of HIV Infection. Guidelines for the use of antiretroviral agents in HIV-infected adults and adolescents. Department of Health and Human Services. December 1, 1998. 148. Available at: <http://aidsinfo.nih.gov/ContentFiles/AdultandAdolescentGL12011998012.pdf>. Accessed January 31, 2008.

† Sztaszewski S, et al. 12th International AIDS Conference. June 28-July 3, 1998. Geneva, Switzerland. Oral Presentation 22336.

‡ Sztaszewski S, et al. 14th International AIDS Conference. July 7-12, 2002. Barcelona, Spain. Poster TU08118.

§ Bartlett JA, et al. 14th International AIDS Conference. July 7-12, 2002. Barcelona, Spain. Poster TU08118.

¶ Guick RM, et al. 2nd IAS Conference on HIV Pathogenesis and Treatment. July 13, 2003. Paris, France. Oral Presentation 41.

‡ Arribas JR, et al. 18th International Conference on Antiviral Research. April 10-14, 2005. Barcelona, Spain. Oral Presentation #LB-01.

¶ Riddler SA, et al. 16th International AIDS Conference. August 13-18, 2005. Toronto, Canada. Oral Presentation 176.B0204.

**ACTG 5142: Time to Virological Failure (VF)**

Co-primary endpoint: Time to virological failure

EFV + 2 NRTIs vs LPV/r + 2 NRTIs: p=0.006  
 LPV/r + EFV vs LPV/r + 2 NRTIs: p=0.49 (NS)  
 LPV/r + EFV vs EFV + 2 NRTIs: p=0.13 (NS)

Proportion not failing:  
 EFV + 2 NRTIs: 76%  
 LPV/r + 2 NRTIs: 65%  
 LPV/r + EFV: 71%  
 (threshold for significance: p<0.014)

Patients at risk (n)	250	210	186	173	142	73	19
EFV + 2 NRTIs	250	210	186	173	142	73	19
LPV/r + 2 NRTIs	253	210	185	168	140	74	14
LPV/r + EFV	250	215	189	181	149	73	17

Adapted from Riddler SA, et al. N Engl J Med 2008;358:2095-2106.

**ACTG 5202: ATV/r and EFV Similar in Virologic Efficacy**

• Similar time to virologic failure with ATV/r vs EFV when combined with either ABC/3TC or TDF/FTC

- With ABC/3TC, HR = 1.13 (95% CI: 0.82-1.56)
- With TDF/FTC, HR = 1.01 (95% CI: 0.70-1.46)
- Women with less virologic failure on EFV than ATV/r
- Lipids, resistance better with ATV/r

Daar ES et al. Ann Intern Med. 2011;154:445-456; Smith K et al. 18th CROI 2011 Abstract 536.

**STARTMRK: Results**

Non-inferiority p-Value <0.001

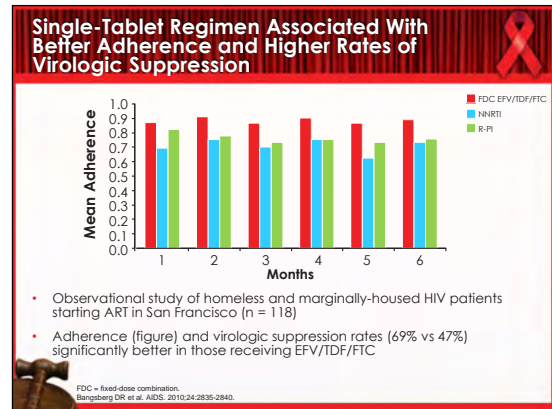
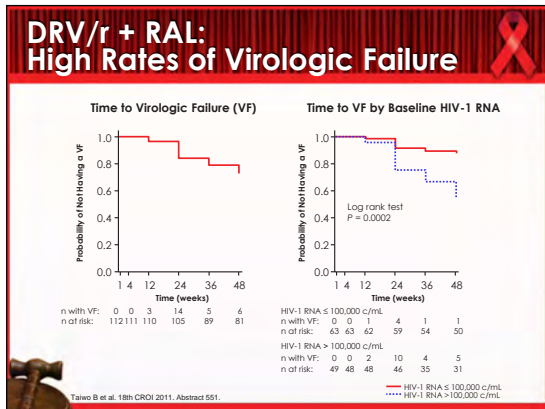
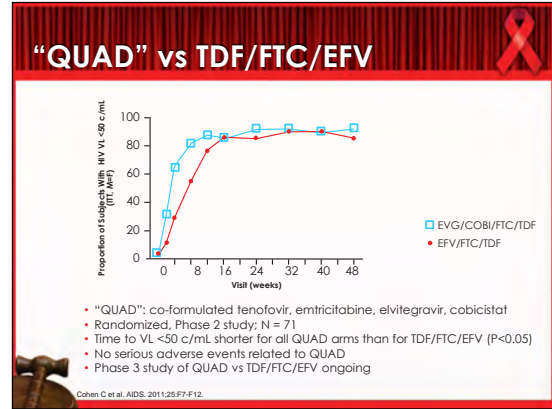
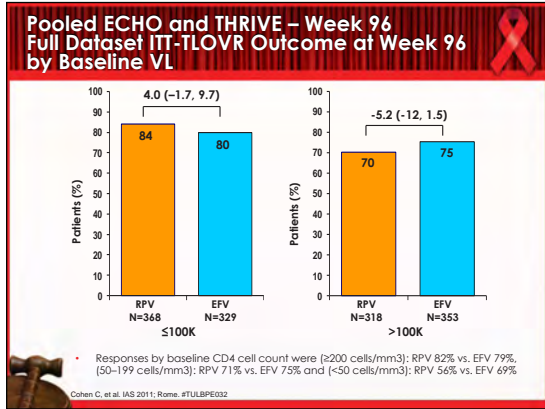
CD4 change:  
 +189 cells/mm<sup>3</sup>  
 +163 cells/mm<sup>3</sup>  
 (95% CI: 4,47)

Lorenz J, et al. 48th ICAAC/46th IDSA, Washington, DC, 2008. Abstr. H-196a

# The Experts Square Off: Debating the Pressing HIV Issues of 2011

What to Start: Efavirenz/Tenofovir/Emtricitabine Tablet Is Still King – Pro

Trevor Hawkins, MD



# The Experts Square Off: Debating the Pressing HIV Issues of 2011

What to Start: Efavirenz/Tenofovir/Emtricitabine Tablet Is Still King – Con

Judith Feinberg, MD

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**WHAT TO START:  
EFAVIRENZ/TENOFOVIR/EMTRICITABINE TABLET IS STILL KING...NOT!**

Judith Feinberg MD

**EFZ/TDF/FTC Is Effective Therapy**

- Concede

**EFZ/TDF/FTC Is Very Effective Therapy**

- Concede again

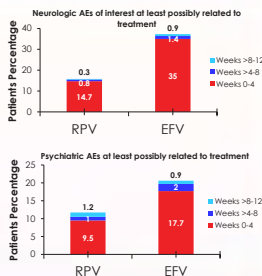
**But is it the Best Tolerated, Safest Therapy?**

- CNS effects, esp depression
- Teratogenicity
- Nephrotoxicity
- Bone toxicity (likely due to mod-severe proximal tubular dysfunction)

True incidence and extent of these problems is not evident from controlled clinical trials, but is becoming clearer in practice

**ECHO and THRIVE (RPV vs EFZ):  
Development of CNS Adverse Events  
During First 12 Weeks**

- Neurological AEs more common with EFV 35.3% vs. RPV 15.3%, including:
  - Dizziness
  - Somnolence
  - Headache
- Psychiatric AEs also more common with EFV 18.9% vs. RPV 11.1%, including abnormal dreams
- Rash: EFV 8.4% vs. RPV 2.0%



Rashbaum B, et al. 51st ICAAC, Chicago, IL, September 17-20, 2011. Abst. H2-805.

**Tenofovir and Renal Toxicity**

- Proximal tubulopathy
- Fanconi syndrome, renal tubular acidosis
- Decreased GFR

# The Experts Square Off: Debating the Pressing HIV Issues of 2011

PrEP: The Time Is Now – Pro

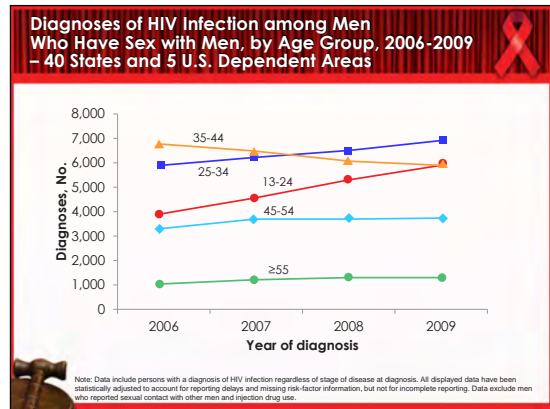
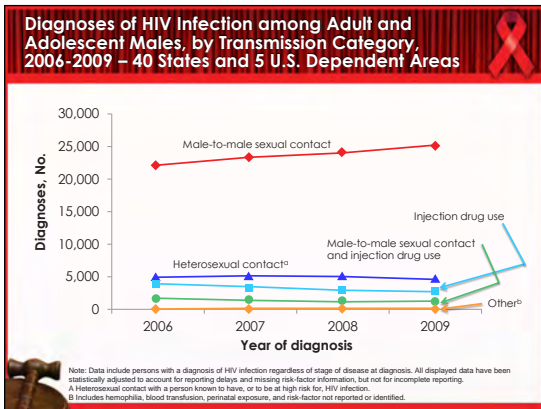
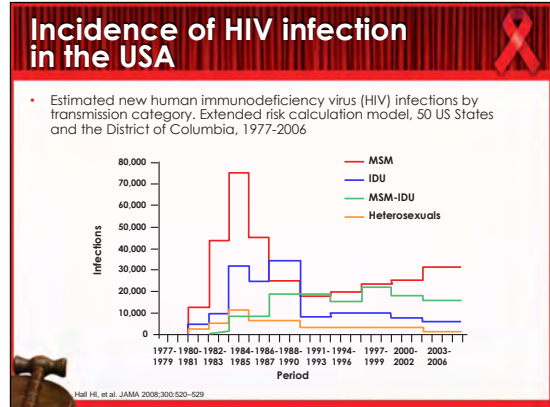
Ian Frank, MD

A CME Satellite Symposium

## The Experts Square Off: Debating the Pressing HIV Issues of 2011

### PREP: THE TIME IS NOW

Ian Frank, MD  
Professor of Medicine  
Director, Antiretroviral Clinical Research  
University of Pennsylvania

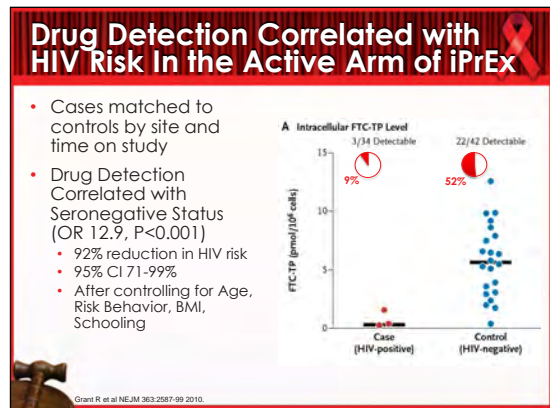


### Efficacy of Daily Oral FTC/TDF PrEP

Trial	Pop.	Efficacy	95% CI
iPrEx <sup>1</sup>	MSM	42%	18 to 60%
Partners PrEP <sup>2</sup>	Men	83%	49 to 94%
	Women	62%	19 to 82%
TDF <sup>2,3</sup>	Men	80%	25 to 97%
	Women	49%	-22 to 81%
FemPREP <sup>4</sup>	Women	*	

\* DSMB recommended discontinuation for futility; drug level testing is in progress.

1. Grant R et al. NEJM 363:2587-99 2010;  
2. Baeten J, et al. 6th IAS, 2011. Abst. MOA010;  
3. Troop MC, et al. 6th IAS, 2011. Abst. WELB020;  
4. FHI Press Release April 18, 2011



# The Experts Square Off: Debating the Pressing HIV Issues of 2011

PrEP: The Time Is Now – Pro

Ian Frank, MD

## What Factors Predict ARV Adherence in the iPrEX Participants?

- TFV-DP and FTC-TP levels measured in PBMC of 179 HIV- participants at week 24 from 2 US sites, 4 South American sites, and 1 South African site

Factors Associated with Detectable Drug Concentrations				
	Variable	% Detectable	Variable	% Detectable
Age	≥25	66	<25	37
Receptive anal sex	Within past 12 wk	71	No Sex	30
Site Location	US	97	Others	50

- Height, weight, creatinine clearance, and race/ethnicity did not independently correlate with detection rate.
- Distribution of drug concentrations similar when taken across groups

Anderson P et al. 18th CROI, 2011. Abs 96LB

## No Drug Resistance in iPrEX If HIV Acquired After Enrollment

Genotypic Resistance	HIV Status at Enrollment			
	Infected		Uninfected	
	Placebo N=8	FTC/TDF N=2	Placebo N=83	FTC/TDF N=48
65R	0 (0%)	0 (0%)	0 (0%)	0 (0%)
70E	0 (0%)	0 (0%)	0 (0%)	0 (0%)
184I	0 (0%)	1 (50%)	0 (0%)	0 (0%)
184V	1 (13%)	1 (50%)	0 (0%)	0 (0%)
TDF Resistance	0 (0%)	0 (0%)	0 (0%)	0 (0%)
FTC Resistance	1 (13%)	2 (100%)	0 (0%)	0 (0%)

Grant R et al. 18th CROI 2011. Abs. 92.

## But: Condoms Are What We Should Recommend for HIV Prevention 3 Reasons Why Condoms are Not the Answer to All HIV Prevention Needs

- They can break or slip off
- HIV can be transmitted by oral sex

Sexual Activity Leading to HIV Acquisition\*

	Pf	RO	IO	RG	IG	RA	IA
8	+	-	-	-	-	-	-
11	?	?	-	-	+	+	-
13	+	+	-	-	?	?	-
14	+	+	-	-	+	+	-
28	+	+	-	-	+	+	-
38	+	+	-	-	-	-	-
39	+	+	-	-	-	-	-
51	+	-	-	+	-	-	-
64F	-	-	+	-	-	-	-
68	+	+	-	-	-	-	-
77	+	+	-	-	+	+	-
83	+	+	-	-	-	+	-

RO = receptive oral  
IO = insertive oral  
RG = receptive genital  
IG = Insertive genital  
RA = receptive anal  
IA = insertive anal

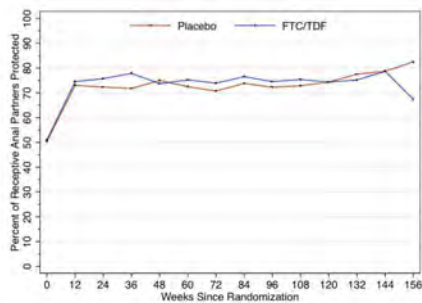
Schackler T et al. Ann Intern Med 125:257-264, 1996

## But: Condoms Are What We Should Recommend for HIV Prevention 3 Reasons Why Condoms are Not the Answer to All HIV Prevention Needs

- They can break or slip off
- HIV can be transmitted by oral sex
- This guy is so hot I don't care about condoms

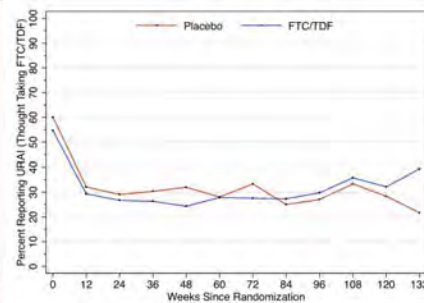


## But: Condoms Use Will Decrease If People Take PrEP Condom Use in iPrEX



Grant R. 51st ICAAC, 2011. Abs 1007.

## But: People Will Engage in More High Risk Sex If They're On PrEP Unprotected Receptive Anal Intercourse Those who believed they were taking FTC/TDF in iPrEX

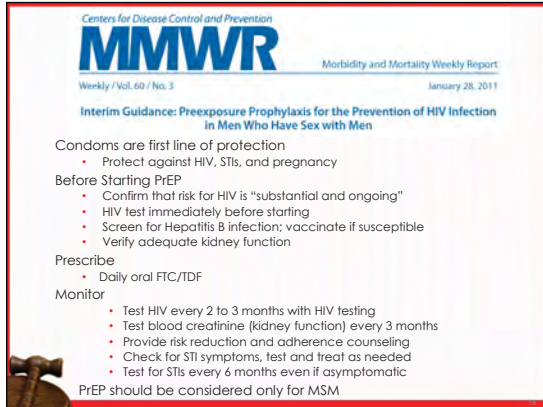


Grant R. 51st ICAAC, 2011. Abs 1007.

# The Experts Square Off: Debating the Pressing HIV Issues of 2011

Ian Frank, MD

PrEP: The Time Is Now – Pro



Centers for Disease Control and Prevention  
**MMWR** Morbidity and Mortality Weekly Report  
Weekly / Vol. 60 / No. 3 January 28, 2011

**Interim Guidance: Preexposure Prophylaxis for the Prevention of HIV Infection in Men Who Have Sex with Men**

Condoms are first line of protection

- Protect against HIV, STIs, and pregnancy

Before Starting PrEP

- Confirm that risk for HIV is "substantial and ongoing"
- HIV test immediately before starting
- Screen for Hepatitis B infection; vaccinate if susceptible
- Verify adequate kidney function

Prescribe

- Daily oral FTC/TDF

Monitor

- Test HIV every 2 to 3 months with HIV testing
- Test blood creatinine (kidney function) every 3 months
- Provide risk reduction and adherence counseling
- Check for STI symptoms, test and treat as needed
- Test for STIs every 6 months even if asymptomatic

PrEP should be considered only for MSM

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# The Experts Square Off: Debating the Pressing HIV Issues of 2011

PrEP: The Time Is Now – Con

David Wohl, MD

A CME Satellite Symposium

## The Experts Square Off: Debating the Pressing HIV Issues of 2011

### PREP: THE TIME IS (NOT) NOW

David Wohl, MD  
Associate Professor of Medicine  
The University of North Carolina School of Medicine

### PREEXPOSURE CHEMOPROPHYLAXIS FOR HIV PREVENTION

Subgroup	FTC-TDF Placebo	FTC-TDF TDF	Hazard Ratio (95% CI)	P value		
	no. of patients	no. of events				
<b>Analysis</b>						
Intention-to-treat	1251	1248	38	72	0.53 (0.36-0.78)	0.001
Modified Intention-to-treat	1251	1248	36	64	0.56 (0.37-0.83)	0.003
<b>All treated</b>						
<50% Pill use	NA	NA	13	17	0.68 (0.33-1.41)	0.48
≥50% Pill use	NA	NA	23	47	0.50 (0.30-0.82)	0.02
<b>Pill use</b>						
<50% Pill use	NA	NA	26	34	0.79 (0.46-1.31)	0.02
≥50% Pill use	NA	NA	8	30	0.27 (0.12-0.59)	0.002
<b>Age</b>						
<25yr	591	662	22	37	0.67 (0.40-1.14)	0.16
≥25yr	660	586	14	37	0.41 (0.24-0.67)	0.001
<b>Education</b>						
<Secondary education	278	244	12	12	0.88 (0.40-1.98)	0.74
≥Secondary education	973	992	23	52	0.46 (0.28-0.74)	0.001
<b>Ethnic group</b>						
Non-Hispanic	331	342	4	8	0.48 (0.14-1.62)	0.27
Hispanic	920	906	32	64	0.57 (0.37-0.87)	0.001
<b>Region</b>						
Anderson	830	850	32	55	0.59 (0.38-0.91)	0.02
Non-Anderson	401	398	4	9	0.43 (0.13-1.39)	0.01
<b>Risk of screening</b>						
UKA1	732	733	23	56	0.42 (0.26-0.68)	0.001
Not UKA1	519	495	13	8	1.09 (0.54-2.04)	0.80
<b>Daily alcohol use</b>						
≤4 Drinks	554	529	15	32	0.43 (0.23-0.82)	0.001
>4 Drinks	666	687	19	32	0.63 (0.36-1.11)	0.12
<b>Circumcised</b>						
No	1085	1074	34	55	0.62 (0.40-0.93)	0.02
Yes	162	170	2	9	0.33 (0.05-2.04)	0.30
<b>HIV 2 of screening</b>						
Negative or indeterminate	785	813	17	36	0.46 (0.28-0.82)	0.001
Positive	468	435	15	36	0.55 (0.31-0.92)	0.02

Grant R, et al. NEJM 2011

### PREEXPOSURE CHEMOPROPHYLAXIS FOR HIV PREVENTION

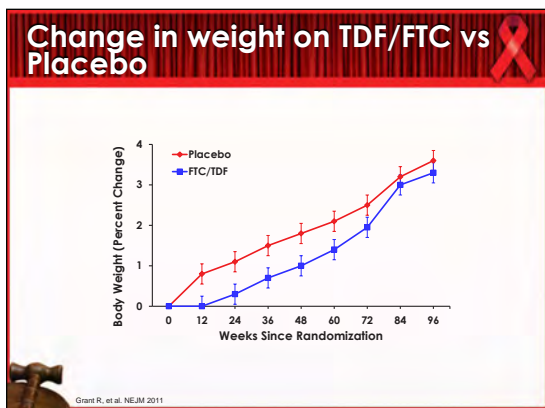
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Grant R, et al. NEJM 2011

### Adverse Events\*

Adverse Event	FTC-TDF (N=1251)		Placebo (N=1248)		P Value†
	no. of patients (%)	no. of events	no. of patients (%)	no. of events	
Any adverse event	867 (69)	2630	877 (70)	2611	0.50
Any serious adverse event	60 (5)	76	67 (5)	87	0.57
Any grade 3 or 4 event	151 (12)	248	164 (13)	285	0.51
Grade 3 event	110 (9)	197	117 (9)	225	0.65
Grade 4 event	41 (3)	51	47 (4)	60	0.57
Elevated creatinine level	25 (2)	28	14 (1)	15	0.08
Headache	56 (4)	66	41 (3)	55	0.10
Depression	43 (3)	46	62 (5)	63	0.07
Nausea	20 (2)	22	9 (1)	10	0.04
Unintentional weight loss (≥5%)	27 (2)	34	14 (1)	19	0.04
Diarrhea	46 (4)	49	56 (4)	61	0.36
Bone fracture	15 (1)	16	11 (<1)	12	0.41
Death	1 (<1)	1	4 (<1)	4	0.18
<b>Discontinuation of study drug</b>					
Permanently	25 (2)	26	27 (2)	33	0.82
Permanently or temporarily	79 (6)	99	72 (6)	92	0.49

Grant R, et al. NEJM 2011



### Drug Resistance Findings

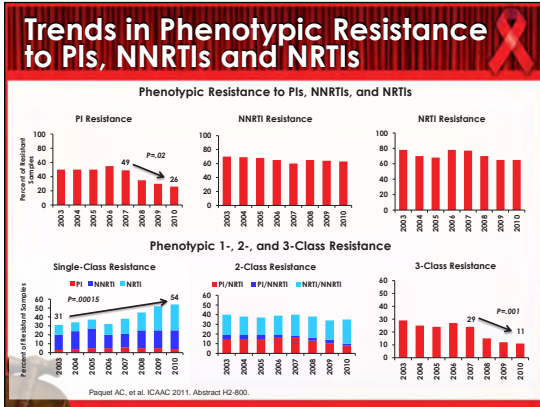
Case	Study Arm	Study Visit	Plasma HIV RNA Level (copies/mL)	Rapid Antibody Tests	Reverse Transcriptase Mutations Conferring Resistance	FTC Resistance Phenotype (Fold change FTC IC50)	Timing of Resistance
1	Placebo	Enrollment	417	Non-reactive	M184V, T215Y, and K103N	Not done	Primary
		W4	111,961	Reactive	M184V, T215Y, and K103N	>300	
2	FTC/TDF	Enrollment	10,000,000	Non-reactive	Wild type	Not done	Secondary
		W4	3,109*	Reactive	M184V	>300	
3	FTC/TDF	Enrollment	48	Non-reactive	Assay Failed	Not done	Indeterminate
		W4	<400*	Reactive	M184I	>300	

Grant R, et al. NEJM 2011

# The Experts Square Off: Debating the Pressing HIV Issues of 2011

PrEP: The Time Is Now – Con

David Wohl, MD

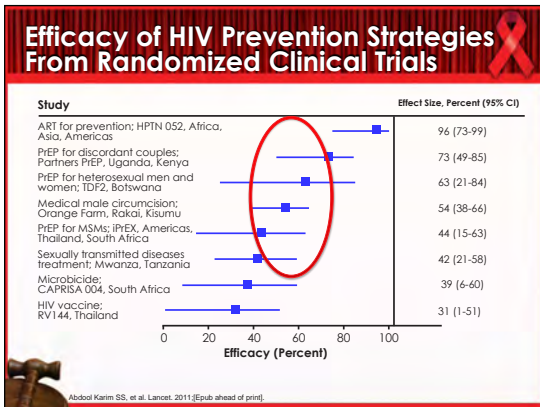


### FEM-PrEP: TDF/FTC in Heterosexual African Women

- HIV-uninfected women at high risk of HIV infection randomized to TDF/FTC vs placebo (n = 1951)
- Preliminary results reported in April 2011
  - 28 infections in TDF/FTC arm and 28 in placebo arms
  - New infection rate: ~ 5%/yr
  - Adherence ~ 95% when product available
  - Increased pregnancy rate in TDF/FTC group
  - TDF/FTC associated with known adverse effects

**Orderly closure of study recommended due to futility**

FH380. FHI Statement on the FEM-PrEP HIV Prevention Study. Available at: [http://www.fhi.org/en/AboutFHI/Media/Releases/FEM-PrEP\\_statement041811.htm](http://www.fhi.org/en/AboutFHI/Media/Releases/FEM-PrEP_statement041811.htm). These data are available in press release format only, have not been peer reviewed, may be incomplete, and we await presentation or publication in a peer-reviewed format before conclusions should be made from these data.



### A US Policy Perspective on Oral Preexposure Prophylaxis for HIV

#### Cost-Effectiveness Comparison of Interventions to Avert HIV Infection

Intervention	Year	Cost per QALY, \$ (as Published)	Cost per QALY, \$ (2010)	Source
PrEP (50% efficacy)	2006	298000	345203	Pattiel et al. <sup>20</sup>
PrEP for high-risk MSM (50% efficacy) 25% coverage rate	2007	31970	35594	Desai et al. <sup>19</sup>
TNT/ILC+ (without secondary effects)	2004	37100	46653	Pattiel et al. <sup>22</sup>
TNT/ILC+ (with secondary effects)	2004	30800	38731	Pattiel et al. <sup>22</sup>
PEP regimen	2000	14449	21646	Pinkerton et al. <sup>23</sup>

Note: MSM = men who have sex with men; PEP = postexposure prophylaxis; PrEP = preexposure prophylaxis; QALY = quality-adjusted life year; TNT/ILC+ = test and treat or testing with linkage to care. Constant dollar estimates of alternative biomedical interventions using the "medical care" item of the Consumer Price Index. Published: online ahead of print, April 14, 2011. American Journal of Public Health. Lobowitz et al.

### A US Policy Perspective on Oral Preexposure Prophylaxis for HIV

*"With regard to costs, opportunity costs, and ethical considerations, the desirability of orally administered PrEP must be established. We have argued that randomized clinical trials may not provide all the needed evidence when the intervention under consideration is one for which the outcome depends not only on physiologic responses to treatment but also on behavioral responses. In the case of PrEP, clinical trials may demonstrate physiologic efficacy but are unlikely to provide definitive information on adherence levels and risk compensation, key parameters in determining whether PrEP will lead to increased rather than decreased HIV transmission."*

Published Ahead of Print on April 14, 2011, as 10.2105/AJPH.2010.300096. The latest version is at <http://ajphaphapublications.org/ajph/101/2/2105/AJPH.2010.300096>. Arisan A, Lobowitz, PhD, Karen Bynnes Parker, MPP, and Mary Jane Rotheram-Borus, PhD.

**There is no magic pill.**

As the nation's largest AIDS organization, AIX Healthcare Foundation (AIX) uses the words "no magic pill" to convey a message of hope and optimism. We are committed to the realization of a world free of HIV/AIDS. We are committed to the realization of a world free of HIV/AIDS. We are committed to the realization of a world free of HIV/AIDS.

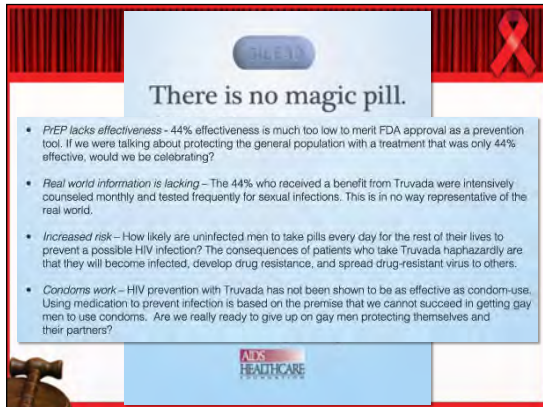
For more information or to send a letter to Glaxo CEO John C. Martin, Please visit [nomagicpills.org](http://nomagicpills.org).

**AIX HEALTHCARE**

# The Experts Square Off: Debating the Pressing HIV Issues of 2011


David Wohl, MD

PrEP: The Time Is Now – Con



**There is no magic pill.**

- *PrEP lacks effectiveness* - 44% effectiveness is much too low to merit FDA approval as a prevention tool. If we were talking about protecting the general population with a treatment that was only 44% effective, would we be celebrating?
- *Real world information is lacking* - The 44% who received a benefit from Truvada were intensively counseled monthly and tested frequently for sexual infections. This is in no way representative of the real world.
- *Increased risk* - How likely are uninfected men to take pills every day for the rest of their lives to prevent a possible HIV infection? The consequences of patients who take Truvada haphazardly are that they will become infected, develop drug resistance, and spread drug-resistant virus to others.
- *Condoms work* - HIV prevention with Truvada has not been shown to be as effective as condom-use. Using medication to prevent infection is based on the premise that we cannot succeed in getting gay men to use condoms. Are we really ready to give up on gay men protecting themselves and their partners?



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